

Coming of Age for Young Women

These journeys cultivate confidence, self-worth and strength in emerging young women - empowering them to claim their gifts as heroes in their own life journeys.



www.riteofpassagejourneys.org



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"During my time at Journeys, I've gained a stronger sense of self and I don't think I have ever felt more at peace with who I am and what I feel." - Neta, age 12

Mountain Quest: Coming of Age for Young Women (ages 12 - 14)

July 9 - 29, 2024 | \$3495 | Initiatory experience through the female lens

In dramatic and beautiful wilderness adventures, skilled mentors support girls as they **stretch** - **body**, **mind and spirit**. Fireside talking circles, deep bonding in overcoming outdoor-living challenges, and a well-supported growth opportunity in a 24-hour solo. A powerful experience awaits young women ready to **embrace who they are and who they want to be.**

Moon Rise: Coming of Age for Young Women (ages 12 - 14)

July 20 - 27 & August 10 - 17, 2024 \$1495 | Initiatory experience through the female lens

8-day retreat will challenge, inspire and nourish girls as they **explore their passage into young womanhood**. Heart-centered sharing, art, ceremony and time in nature. They'll deepen their relationship with themself, others, nature and what is sacred to them - all under **guidance and witness of fabulous peers, mentors and elders**.

Financial Aid always available

www.riteofpassagejourneys.org | 425.485.7396

We welcome female, trans and non-binary youth