



# Adult Wilderness Soulquest

A NATURE BASED  
RITE OF PASSAGE CEREMONY

## THE ESSENCE OF BEING: A HUMAN QUEST INTO THE WILDERNESS

**Are you the same person you were months or years ago?** Life paths frequently undergo transitions, shifts, and evolution, often taking unexpected turns. Transformation and marking change are intrinsic to the human experience.

Rites of Passage Ceremonies facilitate our adaptation to our present lives. **They provide opportunities to release what no longer serves us**, embrace profound transformation, and step into the unfolding narrative of a future yet to be lived.

**At the confluence of nature's wisdom and human culture, we respect the cycles of life and death, the balance between serious and silly, and the dance of creation, destruction, and discovery.**

Over the course of 12 days together we will spend time in connection with each other, in council, storytelling and teachings, as well as **time immersed in nature in personal ceremony and solitude.**

All bodies - All people - welcomed.

### LED BY



**Gretchen "Grae" Gerlach** has been guiding Rite of Passage experiences for 8 years. Joining Journeys as a guide in 2018, she now works as a trainer and facilitator. Her work has a passionate emphasis on the somatic embodiment and reciprocity with the natural world. She currently lives and stewards her familial homestead on traditional Salish lands in western Montana.



**Sterling Broomfield (they/them)** has had the privilege of listening to & sharing experiences with questing individuals since 2016. They are excited to welcome new folks & embark on a fresh Quest in August 2024. Enthralled by the process of learning, they aim to convey the warmth of childhood, the depth of adolescence, the weight of adulthood, & the luminosity surrounding birth & death.

**August 23 - September 2  
2024**

**Private Basecamp**

Mount Baker area

Ages 18+

All Genders

**Cost: \$2195 (Deposit \$500)**

*Financial Aid always available*

Participants will need to provide their own transportation to and from the program, which starts and ends near Deming, WA



**Register at [RiteofPassageJourneys.org](https://RiteofPassageJourneys.org) • 425.485.7396**