



# Adult Mountain Quest

FIND & HOLD A STRONG SENSE OF SELF



## CLAIM YOUR POWER IN CHANGING TIMES

Nature offers for us a powerful, clear reflection about who we are and what we can offer the world. It is a **doorway into a more fulfilling, more meaningful path through life.**

Your quests will be deeply personal and at the same time collective — bringing both inner clarity and external acknowledgment from others you'll come to trust and respect. **The magic of this quest is that the mirror of Nature is coupled with the powerful mirroring of community,** as you share and receive from the other questers, and guides, while you journey together.

This backpacking and 72-hour Solo Fast experience in the high valleys of the Cascades or Olympic mountains will test and challenge you! **Explore the story of who you are, who you are becoming and who you want to be,** witnessed by guides who are deeply versed in the language of nature and the terrain of your inner journey.

## YOUR GUIDES



**Colleen & Thompson Bishop** are lovers and co-founders of Alchemy of Prana — a nonprofit that fosters deeper connections between humans and nature through wilderness rites of passage and nature immersions. They met while completing graduate studies in Ecopsychology at Naropa University and their connection in-flesh ushered their initiated selves into a deep loving relationship with one another as well as the Earth. They are both wilderness rites of passage guides, carriers of Council, ultra trail runners, and are doctoral students of Integral and Transpersonal Psychology at CIIS. Thompson is a trained pianist and vocalist and Colleen is a certified yoga instructor. Both Colleen & Thompson respect the Earth, cultivate embodied presence with Earth, and listen to the myriad of ways we all act on behalf of these loving, participatory relationships.

June 26 - July 8, 2024

Ages 18+, All Genders

Olympic National Park

Program starts & ends at Journeys Basecamp in Bothell, WA

Cost: \$2295 (Deposit \$500)

*Financial Aid always available*



Register at [RiteofPassageJourneys.org](https://RiteofPassageJourneys.org) • 425.485.7396